

Farhad Anoosh, MD, FACS, FASMBS, DABOM

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Board-Certified General, Bariatric & Foregut Surgeon | Robotic Surgery | Obesity Medicine | Physician Leadership

EXECUTIVE PROFILE

Academic and board-certified general, bariatric and foregut surgeon with more than 20 years of clinical experience specializing in minimally invasive, robotic, bariatric, foregut, revisional and complex abdominal surgery. Diplomate of the American Board of Obesity Medicine with extensive expertise in obesity medicine, multidisciplinary bariatric program development, GERD management, robotic surgery and evidence-based surgical care. Performed more than 1,000 bariatric and more than 1,000 robotic-assisted surgical procedures. Currently leading the development of integrated obesity medicine, bariatric surgery and foregut pathways at Northport VA while also serving as an Independent Physician Reviewer performing surgical utilization review and peer-to-peer medical reviews

CORE EXPERTISE

- Bariatric & metabolic surgery
- Foregut surgery & GERD management
- Obesity medicine and medical weight management
- Minimally invasive surgery
- Bariatric endoscopy including ESG exposure
- Clinical leadership and bariatric program development
- Surgical quality improvement and Lean healthcare
- Independent physician review and peer-to-peer clinical review
- Healthcare innovation and device technology
- Revisional bariatric surgery
- Robotic surgery and da Vinci robotic surgery proctoring
- GLP-1 therapy integration
- Complex hernia and hiatal hernia repair
- Endoscopy, Bravo pH evaluation and esophageal manometry
- Multidisciplinary care coordination
- Medical necessity review and utilization management
- Academic surgery, teaching and mentorship
- Clinical pathway development and access improvement

CURRENT APPOINTMENTS

Northport VA Medical Center - Northport, NY - Staff Surgeon, Department of Surgery

January 2026 - Present

- Provide general, minimally invasive, bariatric, foregut and robotic surgical care within the Department of Surgery.
- Developed the Northport VA Bariatric & Medical Weight Management Clinic and internal bariatric referral pathway.
- Established integrated bariatric surgery, obesity medicine and GERD/foregut clinical pathways for veterans.
- Coordinate multidisciplinary care with Primary Care, Gastroenterology, Endocrinology, Clinical Pharmacy, MOVE! weight-management services and Community Care.
- Perform and coordinate bariatric endoscopy, Bravo pH evaluation and esophageal manometry for foregut disease evaluation.
- Lead quality improvement initiatives focused on obesity care, access to care and reduction of avoidable Community Care referrals.
- Participate in resident education, physician teaching, clinical documentation improvement and systems-based care coordination.

Nexus - Independent Physician Reviewer

June 2026 - Present

- Perform independent utilization review and medical necessity determinations for general surgery and related surgical cases.
- Conduct evidence-based peer-to-peer clinical reviews using nationally recognized clinical guidelines.
- Apply utilization management principles to support quality, appropriate resource use and patient-centered decision making.

Donald and Barbara Zucker School of Medicine at Hofstra/Northwell - Hempstead, NY - Assistant Professor of Surgery

December 2017 - Present

- Faculty, minimally invasive, robotic and bariatric surgery fellowship education.
- Provide resident and fellow education, academic teaching, mentorship and multidisciplinary obesity and GERD management.
- Participate in academic presentations, educational initiatives and clinical research activities.

PROGRAM DEVELOPMENT, QUALITY IMPROVEMENT & SYSTEMS LEADERSHIP

- Northport VA Bariatric & Medical Weight Management Clinic development and early operationalization.
- Standardized internal referral pathway for bariatric surgery, obesity medicine and medical weight management.
- Lean Yellow Belt quality improvement project focused on access, internal referral workflow and reduction of avoidable Community Care bariatric referrals.
- Integration of Surgery, Primary Care, MOVE!, Clinical Pharmacy, Gastroenterology, Endocrinology and Community Care into a coordinated obesity treatment model.
- Development of clinical pathway for GERD/foregut evaluation including endoscopy, Bravo pH testing and esophageal manometry.
- Provider education for primary care teams on bariatric referral criteria, MOVE! requirements and obesity treatment options.
- Collaboration with clinical pharmacy regarding GLP-1 therapy integration, medication access and longitudinal obesity management.
- Utilization-focused surgical decision making emphasizing appropriate internal evaluation before external referral when clinically appropriate.

PRIOR CLINICAL, ACADEMIC & LEADERSHIP EXPERIENCE

NYU Langone Hospital - Suffolk, NY - *Minimally Invasive and Bariatric Surgery Attending*
January 2011 - November 2017

- Attending surgeon in robotic, minimally invasive, bariatric and foregut surgery.
- Supported bariatric and foregut surgery program growth, multidisciplinary obesity management and quality improvement.
- Participated in resident and physician education, clinical protocol development and surgical outcomes initiatives.

NYU Langone Hospital - Suffolk, NY - *Medical Director, Bariatric Surgery Program*
2015 - 2017

- Provided bariatric program leadership and clinical oversight.
- Supported programmatic quality improvement, multidisciplinary care, accreditation-oriented processes and surgical service growth.
- Collaborated with clinical and administrative teams to improve bariatric care delivery and patient experience.

University of Pittsburgh - Pittsburgh, PA - *Clinical Instructor, Minimally Invasive and Bariatric Surgery*
July 2010 - December 2010

- Advanced minimally invasive and bariatric surgery clinical practice and academic training.
- Resident and fellow education in bariatric, foregut and minimally invasive surgical techniques.

EDUCATION & TRAINING

Fellowship - Minimally Invasive & Bariatric Surgery | University of Pittsburgh | 2009 - 2010

General Surgery Residency | New York Medical College | 2003 - 2009

General Surgery Residency | Shiraz University of Medical Sciences | 1996 - 2000

Doctor of Medicine (MD) | Tabriz University of Medical Sciences | 1984 - 1991

BOARD CERTIFICATIONS

- American Board of Surgery
- Diplomate, American Board of Obesity Medicine

LICENSURE

- Active Medical Licenses: New York, New Jersey, Pennsylvania and California

HOSPITAL AFFILIATIONS & PRIVILEGES

- Northport VA Medical Center
- Good Samaritan University Hospital
- North Shore University Hospital at Syosset
- Huntington Hospital
- John T. Mather Hospital
- St. Charles Hospital
- St. Catherine of Siena Hospital

SELECTED PUBLICATIONS

- Comparison of Early Perioperative Outcomes of Robotic Assisted Bariatric Surgery versus Laparoscopic Bariatric Surgery in a Center of Excellence. *Surgical Endoscopy*. 2025;39(7):4608-4614. DOI: 10.1007/s00464-025-11852-9.
- Tracheal Replacement by Autogenous Aorta. *Journal of Cardiothoracic Surgery*. 2009;4:23.
- Meckel's Diverticulum as a Cause of Intestinal Obstruction in Third Trimester of Pregnancy. *American Journal of Case Reports*. 2009;10:CR66-68.
- Acute Abdomen as Initial Presentation in a Patient with Systemic Lupus Erythematosus. *American Journal of Case Reports*. 2009;10:CR55-58.
- Herniation of Liver Through a Ruptured Right Diaphragm Following Blunt Trauma. *American Journal of Case Reports*. 2009.

NATIONAL & INTERNATIONAL PRESENTATIONS

- Robotic Repair of Perforated Marginal Ulcer with Modified Graham's Patch Omentopexy - IFSO Video Presentation, Vienna, Austria, 2024.
- Comparison of Robotic Surgery versus Laparoscopic Surgery at a Single Center of Excellence: 90-Day Perioperative Outcomes of Gastric Sleeve - ASMBS, 2022.
- Post Mesenteric Vein Thrombosis Following Bariatric Surgery: Incidence, Risk Factors, Clinical Presentations, and Treatment in a Single-Center Population - ASMBS Annual Meeting, 2022.
- The Role of Inferior Vena Cava Diameter Measurement in Trauma - ACS Clinical Congress, 2009.
- Surgeon Performed Ultrasonography of the Optic Nerve to Evaluate Severity of Traumatic Brain Injury - ACS Clinical Congress, 2009.
- Closure Method Effect on Wound Healing and Biomechanical Strength of VersStep Plus 15 mm Fascial Defects in a Porcine Model - ACS, 2011.
- Amyand's Hernia: Progression from Normal Appendix to Appendicitis Documented on CT Scan - Southeastern Surgical Congress, 2009.
- Controlled Colotomy: A Novel Approach in the Management of Nonlocalized Lower GI Bleeding - Southeastern Surgical Congress, 2009.
- Fournier's Gangrene in a Patient with Sepsis Managed by Wound VAC - Southeastern Surgical Congress, 2009.

RESEARCH & PROFESSIONAL INTERESTS

- Robotic vs laparoscopic bariatric surgery outcomes
- Obesity medicine and GLP-1 therapy integration
- Revisional bariatric surgery
- Foregut and GERD management
- Multidisciplinary weight management programs
- Bariatric program development
- Healthcare innovation and device technology
- Endoscopic bariatric therapies
- Utilization management and evidence-based clinical review
- Clinical pathway development
- Robotic surgery education and training

HONORS & PROFESSIONAL MEMBERSHIPS

Honors

- Fellow, American College of Surgeons (FACS)
- Fellow, American Society for Metabolic and Bariatric Surgery (FASMBS)
- Featured in America's Top Surgeons
- Marquis Who's Who in America
- Marquis Who's Who in the World

Professional Memberships

- American College of Surgeons
- American Society for Metabolic and Bariatric Surgery
- Society of American Gastrointestinal and Endoscopic Surgeons
- Society for Surgery of the Alimentary Tract
- Association for Academic Surgery
- American Medical Association